

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

**Menu Name:** Middle School Lunch

**Include Cost:** No

**Site:**

**Report Style:** Detailed

**Monday - 08/06/2018**

**Reimbursable Meal Total 810**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001077 Hot Dog on Bun	SANDWICH	80	5.00	780	4	17.50	0.00	21.00
001473 Cheeseburger on Bun- 2gr.Chery	EACH	715	6.97	635	4	19.28	0.90	30.01
000935 Salad Entree-MS (winter)	Each	15	2.04	304	28	9.79	0.00	52.73
001390 Potatoes, Shoestring Fries LM*	1/2 Cup	760	1.52	203	0	6.10	0.00	27.43
000787 Baked Beans-NEW	1/2 CUP	145	0.09	154	0	0.52	0.00	29.11
001064 CARROT STICKS	1/2 CUP	110	0.03	61	4	0.21	0.00	8.42
000437 PEACHES: canned,light syrup	1/2 cup	1	0.00	7	17	0.04	0.00	19.01
000337 Assorted Fresh Fruit-2014	Servings	500	0.05	3	10	0.20	0.00	15.11
001082 Ketchup/Mustard	each	515	0.00	79	5	0.05	0.00	5.09
001083 Ketchup	TBSP	1	0.00	50	4	0.00	0.00	4.03
000833 MILK - CHOCOLATE SKIM	HALF PINT	535	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	80	1.50	120	11	2.50	0.00	11.00
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	0.00	198	*7	2.11	*0.00	11.74

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
Weighted Daily Average			8.41	1087	*31	25.44	*0.79	92.46
% of Calories			10.50%		*17.2%	31.8%	*1.0%	51.3%
Weekly Nutrient Guideline			<10	1360		<=0		

**Tuesday - 08/07/2018**

**Reimbursable Meal Total 805**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001496 Chicken Smackers, Dark 110458	Serving of 10	675	2.99	488	0	16.94	0.00	16.94
000571 Country Fried Steak Sandwich	Sandwich	1	4.50	590	5	21.00	0.00	48.00
000935 Salad Entree-MS (winter)	Each	25	2.04	304	28	9.79	0.00	52.73
000531 Macaroni & Cheese (J.T.M.)	4oz	1	5.33	507	2	10.00	0.33	17.33
000258 BROCCOLI: frozen, boiled	1/2 Cup	1	0.02	401	*0	0.10	0.00	14.51
990019 Peppers, Red & Green Strips	1/2 Cup	95	0.02	2	2	0.11	0.00	2.45
000338 Assorted Juice	1 each	690	0.00	4	13	0.00	0.00	14.05
001531 APPLESAUCE, Cup	1/2 Cup	1	0.02	2	0	0.06	0.00	13.79
000996 Roll, Wheat Dinner-(Rich's) 1.75GR	1 each	505	0.50	220	3	5.00	0.00	24.00
000833 MILK - CHOCOLATE SKIM	HALF PINT	665	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	105	0.00	120	22	0.00	0.00	22.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	100	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	0.00	198	*7	2.11	*0.00	11.74
990013 Dressing, Buttermilk, Red-Cal	2 TBSP	80	0.00	189	5	2.36	0.00	9.45
001083 Ketchup	TBSP	750	0.00	50	4	0.00	0.00	4.03
Weighted Daily Average			3.18	825	*37	18.54	*0.00	69.21
% of Calories			5.14%		*26.6%	30.0%	*0.0%	49.7%
Weekly Nutrient Guideline			<10	1360		<=0		

Wednesday - 08/08/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001052 Pizza, Pepperoni 4x6, #78698	EACH	530	5.00	660	*N/A*	12.00	0.00	35.00
990076 DEEP DISH 5" CHEESE PIZZA CN	EACH	1	6.00	480	10	12.00	0.00	35.00
000935 Salad Entree-MS (winter)	Each	40	2.04	304	28	9.79	0.00	52.73
000439 PEAS & CARROTS: frozen,boiled	1/2 cups	80	0.09	111	*0	0.49	0.00	12.24
000905 Salad Garden Winter	Serving-1 cup	440	0.00	11	1	0.02	0.00	2.65
000888 TOMATOES, CHERRY	1/2 CUP	115	0.02	4	2	0.15	0.00	2.90
001051 Blushed Pears	1/2c	340	0.00	10	16	0.00	*0.00	21.04

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000385 Assorted Fresh Fruit (2)	1 each	465	0.06	1	12	0.21	0.00	17.37
001330 Choc Chip Cookie, WG 1/2 gr*	Cookie	1	1.00	80	8	3.50	0.00	17.00
000833 MILK - CHOCOLATE SKIM	HALF PINT	580	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	140	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	75	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	40	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	40	0.00	198	*7	2.11	*0.00	11.74
000953 Dressing, Buttermilk, Red-Cal	2 TBLS	440	0.00	189	5	2.36	0.00	9.45
Weighted Daily Average			3.70	756	*36	10.48	*0.00	71.92
% of Calories			7.33%		*31.7%	20.8%	*0.0%	63.4%
Weekly Nutrient Guideline			<10	1360		<=0		

**Thursday - 08/09/2018**

**Reimbursable Meal Total 810**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000860 Nachos with Ground Beef 2012-H	EACH	745	8.35	876	*2	23.43	0.00	46.75
000935 Salad Entree-MS (winter)	Each	20	2.04	304	28	9.79	0.00	52.73
001550 Peanut Butter Combo #2-MS	Each	45	6.46	875	38	34.96	0.00	84.39
000008 REFRIED BEANS: canned	1/2 Cup	170	1.53	542	1	3.62	*0.02	16.90

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## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000271 CORN: frozen, yellow	1/2 cup	530	0.70	14	2	1.87	0.00	14.41
001065 Asst. Fresh Vegetables(1/2)	1/2 c	75	0.08	73	*1	0.33	*0.00	5.83
001238 Mandarin Oranges w/ Pineapple	1/2 cup	1	0.00	6	20	0.06	0.00	21.24
000385 Assorted Fresh Fruit (2)	1 each	1	0.06	1	12	0.21	0.00	17.37
000338 Assorted Juice	1 each	625	0.00	4	13	0.00	0.00	14.05
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	130	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	1.50	120	11	2.50	0.00	11.00
001150 Dressing, Buttermilk, Red-Cal	TBSP	40	0.00	94	2	1.18	0.00	4.72
001358 Salad Meat-MS-winter	Pick 2	20	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	20	0.00	198	*7	2.11	*0.00	11.74
001198 PEPPERS,JALEPEN0,CN D,DRND	serving	400	0.01	105	*N/A*	0.07	*N/A*	0.53
000837 BEANS GARBANZO ,CANNED	1/4 CUP	1	0.23	231	0	0.92	0.00	10.15
Weighted Daily Average			9.13	1225	*34	26.38	*0.00	93.00
% of Calories			11.07%		*18.3%	32.0%	*0.0%	50.1%
Weekly Nutrient Guideline			<10	1360		<=0		

Friday - 08/10/2018

Reimbursable Meal Total 825

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001459 Chicken, General Tso's (Yang's)	Serving	1	0.50	361	13	3.00	0.00	23.00
000198 RICE, Whole Grain	1/2 cup	1	0.04	126	*0	0.63	0.00	22.08
001057 Ham & Cheese Sandwich, Grilled	1 sandwich	1	3.32	557	*3	7.23	*0.00	27.14
001249 California Vegetable Blend	1/2 cup	1	0.81	54	2	1.78	0.00	5.58
000935 Salad Entree-MS (winter)	Each	40	2.04	304	28	9.79	0.00	52.73
001646 Crackers, Goldfish Colors, WG	PKG	715	0.50	170	0	3.50	0.00	14.00
001065 Asst. Fresh Vegetables(1/2)	1/2 c	130	0.08	73	*1	0.33	*0.00	5.83
001026 Apples, Cinnamon	1/2 cup	1	0.61	19	11	1.34	*0.00	20.69
000385 Assorted Fresh Fruit (2)	1 each	115	0.06	1	12	0.21	0.00	17.37
000338 Assorted Juice	1 each	505	0.00	4	13	0.00	0.00	14.05
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	130	0.00	120	22	0.00	0.00	22.00
000835 MILK, LOWFAT, FLUID, 1% MILKFAT, W	CARTON	95	1.50	120	11	2.50	0.00	11.00
001150 Dressing, Buttermilk, Red-Cal	TBSP	130	0.00	94	2	1.18	0.00	4.72
001358 Salad Meat-MS-winter	Pick 2	40	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	40	0.00	198	*7	2.11	*0.00	11.74

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001047 Assorted Condiments	each	400	0.00	97	6	0.25	0.00	7.10
Weighted Daily Average			0.88	423	*32	4.67	*0.00	50.01
% of Calories			2.70%		*43.7%	14.3%	*0.0%	68.3%
Weekly Nutrient Guideline			<10	1360		<=0		

**Monday - 08/13/2018**

**Reimbursable Meal Total 825**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001569 Chicken Tender (2M/1G) Tyson-E	Serving of 3	700	2.54	396	1	15.21	0.00	16.23
000852 BBQ Rib Sandwich-MS*	1 Each	100	4.50	864	12	13.51	0.00	32.12
000935 Salad Entree-MS (winter)	Each	15	2.04	304	28	9.79	0.00	52.73
001177 POTATO, AU GRATIN,CLASSIC CASS	5.62oz	790	1.31	95	1	3.10	0.00	5.74
000256 BROCCOLI,raw: fresh	1/2 Cup	60	0.02	15	1	0.16	0.00	2.92
000643 Tomatoes, Grape	1/2 cup	25	0.00	0	2	0.00	0.00	2.67
000338 Assorted Juice	1 each	655	0.00	4	13	0.00	0.00	14.05
000599 Fruit Salad (BB, Straw)	1/2 Cup	170	3.53	3	19	3.81	0.00	31.88
001430 Cookie, Frosted Sugar	Each	775	1.80	78	15	6.70	0.00	26.90
000833 MILK - CHOCOLATE SKIM	HALF PINT	560	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	140	0.00	120	22	0.00	0.00	22.00

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	100	1.50	120	11	2.50	0.00	11.00
001120 Barbecue Sauce	1 oz	420	0.00	8	0	0.02	0.00	0.25
001083 Ketchup	TBSP	635	0.00	50	4	0.00	0.00	4.03
001150 Dressing, Buttermilk, Red-Cal	TBSP	65	0.00	94	2	1.18	0.00	4.72
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	0.00	198	*7	2.11	*0.00	11.74
001358 Salad Meat-MS-winter	Pick 2	15	3.08	358	1	7.50	*0.00	1.60
Weighted Daily Average			6.64	833	*52	25.36	*0.00	89.88
% of Calories			8.65%		*30.1%	33.0%	*0.0%	52.0%
Weekly Nutrient Guideline			<10	1360		<=0		

Tuesday - 08/14/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000681 Country Fried Steak (16530)	Serving	170	4.50	310	2	19.00	0.00	19.00
000587 Chicken Drumstick*	Drumstick	620	2.50	450	0	11.00	0.00	5.00
000935 Salad Entree-MS (winter)	Each	25	2.04	304	28	9.79	0.00	52.73
000611 Mashed Potatoes	1/2 cup	800	0.00	379	1	1.17	0.00	17.62
001208 Gravy, Chix Trio	1 oz	505	0.00	134	0	0.28	0.00	3.89
990071 GREEN BEANS W HAM	1/2 cup	1	0.31	1020	*0	0.68	0.00	19.20



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	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001356 Asst. Fresh Vegetables (1/4)	1/4 Cup	185	0.45	143	3	2.63	0.00	5.04
001643 APPLES, FRESH, SLICED, UNPEELE	1/2C	450	0.02	1	0	0.10	0.00	7.83
001373 Pears w/ Cherries	1/2 cup	265	0.00	5	15	0.00	0.00	20.44
001552 Breadstick, 1oz Aunt Millie's	Each	710	0.00	102	2	1.02	0.00	14.25
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	0.23	231	0	0.92	0.00	10.15
000833 MILK - CHOCOLATE SKIM	HALF PINT	560	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	130	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	85	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	0.00	198	*7	2.11	*0.00	11.74
Weighted Daily Average			3.27	1173	*27	16.07	*0.00	72.64
% of Calories			5.39%		*19.8%	26.5%	*0.0%	53.2%
Weekly Nutrient Guideline			<10	1360		<=0		

Wednesday - 08/15/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001639 Pizza, Pepperoni, Wild Mike's	Slice (1/10th)	450	9.00	580	4	18.00	0.00	33.00
000588 Lasagna (trayline)	1/24th	335	9.76	577	9	17.29	*0.00	40.99

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## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000935 Salad Entree-MS (winter)	Each	25	2.04	304	28	9.79	0.00	52.73
001572 Bread, Garlic, WG (1grain)	Each	365	1.00	150	0	3.50	0.00	11.00
000825 Caesar Salad	2/3 C Serving	150	1.67	231	*1	7.90	*0.00	6.77
001480 CUCUMBER,RAW (1/2C)	1/2 Cup	110	0.03	2	1	0.10	0.00	3.14
990075 Popsicle, Red, White, Blue	EACH	1	0.00	5	7	0.00	0.00	10.00
000437 PEACHES: canned,light syrup	1/2 cup	1	0.00	7	17	0.04	0.00	19.01
000385 Assorted Fresh Fruit (2)	1 each	1	0.06	1	12	0.21	0.00	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	570	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	120	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	0.00	198	*7	2.11	*0.00	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	110	0.00	94	2	1.18	0.00	4.72
Weighted Daily Average			10.13	869	*25	21.24	*0.00	63.22
% of Calories			15.86%		*17.4%	33.2%	*0.0%	44.0%
Weekly Nutrient Guideline			<10	1360		<=0		

Thursday - 08/16/2018

Reimbursable Meal Total 815

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001570 Chicken Pattie, Bkft WG Goldki	2 Each	680	2.00	390	0	8.00	0.00	8.00
001571 Waffles, Mini Maple,IW EGGO, W	Pkg	680	1.50	220	10	5.00	0.00	35.00
001077 Hot Dog on Bun	SANDWICH	110	5.00	780	4	17.50	0.00	21.00
000935 Salad Entree-MS (winter)	Each	25	2.04	304	28	9.79	0.00	52.73
001219 Potatoes, Crispy Cubes	1/2 cup	790	2.05	277	1	6.16	0.00	18.49
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	0.23	231	0	0.92	0.00	10.15
001596 Carrot/Celery Sticks (1/2c)	Portion (1/2C)	115	0.05	112	*2	0.20	*0.00	6.33
000419 FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	1	0.01	8	19	0.10	0.00	20.39
000338 Assorted Juice	1 each	560	0.00	4	13	0.00	0.00	14.05
000385 Assorted Fresh Fruit (2)	1 each	125	0.06	1	12	0.21	0.00	17.37
001006 SYRUP,PANCAKE	1oz.	600	0.00	23	6	0.00	*N/A*	17.43
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	100	1.50	120	11	2.50	0.00	11.00
001082 Ketchup/Mustard	each	790	0.00	79	5	0.05	0.00	5.09
000985 Barbecue Sauce- Elem*	TBSP	425	0.00	8	0	0.02	0.00	0.25
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	0.00	198	*7	2.11	*0.00	11.74

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## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001150 Dressing, Buttermilk, Red-Cal	TBSP	95	0.00	94	2	1.18	0.00	4.72
Weighted Daily Average			5.95	1201	*49	20.36	*0.00	109.39
% of Calories			7.36%		*26.9%	25.2%	*0.0%	60.1%
Weekly Nutrient Guideline			<10	1360		<=0		

Friday - 08/17/2018

Reimbursable Meal Total 805

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001220 Corn Dog, WG 4oz (2/2)	Each	250	2.53	395	5	8.10	0.00	30.37
001296 Spicy Chicken Sandwich-HS, 2*	Sandwich	530	4.00	724	4	10.00	0.00	42.00
000935 Salad Entree-MS (winter)	Each	25	2.04	304	28	9.79	0.00	52.73
001550 Peanut Butter Combo #2-MS	Each	1	6.46	875	38	34.96	0.00	84.39
001161 Potato Wedges Seas. #C-27 LW	1/2 C	1	3.37	283	0	8.10	0.00	24.29
001648 Peas, Sugar Snap-HS	1/2 C	95	0.01	1	1	0.06	0.00	2.38
001371 Strawberries & Blueberries	1/2 Cup	1	0.02	5	*8	0.27	0.00	16.79
000385 Assorted Fresh Fruit (2)	1 each	510	0.06	1	12	0.21	0.00	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	125	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	1.50	120	11	2.50	0.00	11.00

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	0.00	198	*7	2.11	*0.00	11.74
001047 Assorted Condiments	each	780	0.00	97	6	0.25	0.00	7.10
001083 Ketchup	TBSP	780	0.00	50	4	0.00	0.00	4.03
Weighted Daily Average			3.81	930	*40	10.44	*0.00	80.11
% of Calories			6.41%		*29.9%	17.6%	*0.0%	59.9%
Weekly Nutrient Guideline			<10	1360		<=0		

**Monday - 08/20/2018**

**Reimbursable Meal Total 820**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000885 Pepper Jack Cheeseburger-HS	Each	440	7.13	730	4	17.36	0.50	28.89
001453 Chicken Bacon Club-MS	1 Sandwich	350	0.90	710	4	11.78	0.00	26.89
000935 Salad Entree-MS (winter)	Each	30	2.04	304	28	9.79	0.00	52.73
001512 Tater Tots	1/2 CUP	785	0.89	321	1	6.25	0.00	16.95
000270 CORN: canned, yellow	1/2 cup	1	0.00	132	4	0.94	0.00	16.04
000034 LETTUCE & TOMATO: 1/4 C & 2 slice	1/4 C, 2 slc	330	0.01	3	1	0.08	0.00	1.34
000337 Assorted Fresh Fruit-2014	Servings	150	0.05	3	10	0.20	0.00	15.11
000338 Assorted Juice	1 each	550	0.00	4	13	0.00	0.00	14.05

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001163 Applesauce, Rosy	1/2 cup	120	0.00	24	12	0.00	*0.00	16.68
000833 MILK - CHOCOLATE SKIM	HALF PINT	540	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001047 Assorted Condiments	each	785	0.00	97	6	0.25	0.00	7.10
001358 Salad Meat-MS-winter	Pick 2	30	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	30	0.00	198	*7	2.11	*0.00	11.74
001083 Ketchup	TBSP	785	0.00	50	4	0.00	0.00	4.03
Weighted Daily Average			5.43	1335	*45	21.62	*0.27	89.47
% of Calories			7.12%		*26.2%	28.4%	*0.4%	52.2%
Weekly Nutrient Guideline			<10	1360		<=0		

**Tuesday - 08/21/2018**

**Reimbursable Meal Total 805**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001580 Orange Chicken (Ling's)	Serving (3.6oz)	430	0.50	280	10	3.00	0.00	19.00
000198 RICE,Whole Grain	1/2 cup	500	0.04	126	*0	0.63	0.00	22.08
001095 Tenderloin on Bun*16	each	340	4.50	520	4	19.00	0.00	37.00
000935 Salad Entree-MS (winter)	Each	35	2.04	304	28	9.79	0.00	52.73

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000258 BROCCOLI: frozen, boiled	1/2 Cup	1	0.02	401	*0	0.10	0.00	14.51
001442 Cucumber & Tomatoes	1/2 Cup	85	0.03	192	7	2.51	0.00	13.00
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	0.23	231	0	0.92	0.00	10.15
000338 Assorted Juice	1 each	600	0.00	4	13	0.00	0.00	14.05
000385 Assorted Fresh Fruit (2)	1 each	250	0.06	1	12	0.21	0.00	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	45	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	45	0.00	198	*7	2.11	*0.00	11.74
000953 Dressing, Buttermilk, Red-Cal	2 TBLS	105	0.00	189	5	2.36	0.00	9.45
001082 Ketchup/Mustard	each	430	0.00	79	5	0.05	0.00	5.09
Weighted Daily Average			2.65	747	*43	11.94	*0.00	82.88
% of Calories			4.37%		*31.5%	19.7%	*0.0%	60.7%
Weekly Nutrient Guideline			<10	1360		<=0		

Wednesday - 08/22/2018

Reimbursable Meal Total 815

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001428 Cheese Pizza Big Daddy's, wg #	Slice	385	7.00	440	7	16.00	0.00	43.00
001404 Pizza 5" Lunch aRound Pepp 2M/	Each	390	6.00	540	9	13.00	0.00	38.00
000935 Salad Entree-MS (winter)	Each	40	2.04	304	28	9.79	0.00	52.73
001407 Peas, Steamed	1/2 C	1	0.86	87	*0	2.05	0.00	13.73
000905 Salad Garden Winter	Serving-1 cup	415	0.00	11	1	0.02	0.00	2.65
001386 BROCCOLI,raw: fresh	1/2 Cup	80	0.02	15	1	0.16	0.00	2.92
001051 Blushed Pears	1/2c	285	0.00	10	16	0.00	*0.00	21.04
000337 Assorted Fresh Fruit-2014	Servings	520	0.05	3	10	0.20	0.00	15.11
000354 Rice Krispie Treat, Mini	Each	1	0.00	41	3	0.92	0.00	8.29
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
000953 Dressing, Buttermilk, Red-Cal	2 TBLS	415	0.00	189	5	2.36	0.00	9.45
001358 Salad Meat-MS-winter	Pick 2	40	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	40	0.00	198	*7	2.11	*0.00	11.74
Weighted Daily Average			6.63	775	*42	16.37	*0.00	83.94
% of Calories			10.13%		*28.5%	25.0%	*0.0%	57.0%
Weekly Nutrient Guideline			<10	1360		<=0		



# Base Menu Spreadsheet

## Portion Values

Thursday - 08/23/2018

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
990090 Tacos-MS (W/G)	SERVING	1	5.95	491	2	13.80	*0.00	17.15
000502 Quesadilla, Chicken*	Serving -Each	245	5.64	781	4	12.58	*0.00	33.79
000935 Salad Entree-MS (winter)	Each	15	2.04	304	28	9.79	0.00	52.73
000946 SPANISH RICE	1/3 CUP	410	0.20	129	*0	1.12	*0.00	14.22
000008 REFRIED BEANS: canned	1/2 Cup	145	1.53	542	1	3.62	*0.02	16.90
000583 LETTUCE & TOMATO	1/4 c each	210	0.02	4	2	0.12	0.00	2.29
001043 Salsa	1/4 Cup	300	0.00	280	4	0.00	0.00	8.00
000988 Sour Cream, lmt. (.5oz)	1/2 oz	255	0.94	33	2	1.89	0.00	2.84
000437 PEACHES: canned, light syrup	1/2 cup	1	0.00	7	17	0.04	0.00	19.01
000152 Assorted Fresh Fruit (3)	1 each	360	0.02	5	5	0.17	0.00	6.56
000833 MILK - CHOCOLATE SKIM	HALF PINT	555	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK, LOWFAT, FLUID, 1% MILKFAT, W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	15	3.08	358	1	7.50	*0.00	1.60

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	0.00	198	*7	2.11	*0.00	11.74
Weighted Daily Average			2.61	677	*24	6.26	*0.00	46.80
% of Calories			7.48%		*30.6%	17.9%	*0.0%	59.6%
Weekly Nutrient Guideline			<10	1360		<=0		

Friday - 08/24/2018

Reimbursable Meal Total 820

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000434 Calzone, Pepperoni	Each	745	5.00	510	5	13.00	0.00	35.00
000947 Fish Filet-(2.5M/2.5G)*	Each	60	3.27	617	3	14.28	0.00	41.01
000935 Salad Entree-MS (winter)	Each	15	2.04	304	28	9.79	0.00	52.73
000995 Potatoes, Triangles-elem*	Serving of 2	790	1.00	500	0	15.00	0.00	31.00
000335 Coleslaw	1/2 cup	65	0.00	320	15	10.00	0.00	17.00
001053 CARROTS:frozen, boiled	1/2 cup	1	1.77	102	*9	4.33	*0.00	17.20
001065 Asst. Fresh Vegetables(1/2)	1/2 c	115	0.08	73	*1	0.33	*0.00	5.83
000385 Assorted Fresh Fruit (2)	1 each	345	0.06	1	12	0.21	0.00	17.37
001214 Tropical Fruit Salad	1/2 cup	195	0.01	8	*N/A*	0.09	0.00	19.08
001330 Choc Chip Cookie, WG 1/2 gr*	Cookie	1	1.00	80	8	3.50	0.00	17.00
000833 MILK - CHOCOLATE SKIM	HALF PINT	555	0.00	180	18	0.00	0.00	20.00

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	15	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	0.00	198	*7	2.11	*0.00	11.74
001083 Ketchup	TBSP	790	0.00	50	4	0.00	0.00	4.03
Weighted Daily Average			6.05	1247	*33	28.89	*0.00	102.17
% of Calories			6.85%		*16.6%	32.7%	*0.0%	51.4%
Weekly Nutrient Guideline			<10	1360		<=0		

**Monday - 08/27/2018**

**Reimbursable Meal Total 815**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000177 Pancakes, Mini Maple, IW	Pkg	375	1.00	270	14	7.00	0.00	40.00
001282 Sausage Patty-MS	1 Serving of 2	375	7.40	344	0	20.00	0.00	2.00
001296 Spicy Chicken Sandwich-HS, 2*	Sandwich	415	4.00	724	4	10.00	0.00	42.00
000935 Salad Entree-MS (winter)	Each	25	2.04	304	28	9.79	0.00	52.73
000319 Potato, Smiles	Serving of 4	785	0.50	180	0	4.50	0.00	20.00
001648 Peas, Sugar Snap-HS	1/2 C	90	0.01	1	1	0.06	0.00	2.38
000959 Assorted Canned Fruit	1/2 Cup	155	0.01	5	*9	0.07	0.00	17.31

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000337 Assorted Fresh Fruit-2014	Servings	480	0.05	3	10	0.20	0.00	15.11
000833 MILK - CHOCOLATE SKIM	HALF PINT	550	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001083 Ketchup	TBSP	785	0.00	50	4	0.00	0.00	4.03
001082 Ketchup/Mustard	each	325	0.00	79	5	0.05	0.00	5.09
001358 Salad Meat-MS-winter	Pick 2	25	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	0.00	198	*7	2.11	*0.00	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	70	0.00	94	2	1.18	0.00	4.72
Weighted Daily Average			6.74	1096	*41	22.98	*0.00	99.13
% of Calories			8.36%		*22.6%	28.5%	*0.0%	54.6%
Weekly Nutrient Guideline			<10	1360		<=0		

**Tuesday - 08/28/2018**

**Reimbursable Meal Total 810**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000352 Chicken and Noodles-Second	8oz Spoodle	775	1.99	277	*1	8.32	*0.00	21.20
000935 Salad Entree-MS (winter)	Each	35	2.04	304	28	9.79	0.00	52.73
000611 Mashed Potatoes	1/2 cup	775	0.00	379	1	1.17	0.00	17.62

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
990022 PEAS GREEN,FROZEN,BOILED *RESIZED*	1/3 cup	110	0.59	50	*0	1.38	0.00	7.47
000996 Roll, Wheat Dinner-(Rich's) 1.75GR	1 each	740	0.50	220	3	5.00	0.00	24.00
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	0.23	231	0	0.92	0.00	10.15
000599 Fruit Salad (BB, Straw)	1/2 Cup	440	3.53	3	19	3.81	0.00	31.88
000385 Assorted Fresh Fruit (2)	1 each	355	0.06	1	12	0.21	0.00	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
000690 Salad Meat-MS	EACH	35	1.16	402	1	5.64	0.00	2.19
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	35	0.00	198	*7	2.11	*0.00	11.74
Weighted Daily Average			4.70	1041	*38	17.06	*0.00	106.92
% of Calories			5.94%		*21.3%	21.6%	*0.0%	60.1%
Weekly Nutrient Guideline			<10	1360		<=0		

Wednesday - 08/29/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001563 Pizza, Big Daddy Buffal #78639	Slice (1/8th)	445	7.00	740	8	19.00	0.00	35.00
001428 Cheese Pizza Big Daddy's, wg #	Slice	330	7.00	440	7	16.00	0.00	43.00

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000935 Salad Entree-MS (winter)	Each	35	2.04	304	28	9.79	0.00	52.73
990071 GREEN BEANS W HAM	1/2 cup	1	0.31	1020	*0	0.68	0.00	19.20
001064 CARROT STICKS	1/2 CUP	165	0.03	61	4	0.21	0.00	8.42
000337 Assorted Fresh Fruit-2014	Servings	230	0.05	3	10	0.20	0.00	15.11
000338 Assorted Juice	1 each	580	0.00	4	13	0.00	0.00	14.05
990018 Pudding, Choc, Milk, Cnd RTU *1/3*	1/3 cup	1	0.67	87	*N/A*	2.67	*N/A*	18.68
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	35	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	35	0.00	198	*7	2.11	*0.00	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	165	0.00	94	2	1.18	0.00	4.72
Weighted Daily Average			7.11	819	*40	18.42	*0.00	75.52
% of Calories			10.99%		*27.5%	28.5%	*0.0%	51.9%
Weekly Nutrient Guideline			<10	1360		<=0		

Thursday - 08/30/2018

Reimbursable Meal Total 815

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001325 Chicken Fillet Sandwich, WG *	Sandwich	685	1.00	766	4	10.00	0.00	42.00
000536 Pork BBQ	Sandwich (4oz)	100	2.21	753	11	7.82	0.00	33.63
000935 Salad Entree-MS (winter)	Each	30	2.04	304	28	9.79	0.00	52.73
001301 Potatoes, Baby Bakers	1/2 Cup	770	0.00	180	0	2.00	0.00	17.00
001559 BROCCHEESE & RICE CASSEROLE	SERVINGS	420	1.87	355	*3	3.62	*0.00	22.64
000394 Vegetable Sticks	1/2 Cup	140	0.02	42	*1	0.12	*0.00	5.49
000837 BEANS GARBANZO ,CANNED	1/4 CUP	20	0.23	231	0	0.92	0.00	10.15
000338 Assorted Juice	1 each	575	0.00	4	13	0.00	0.00	14.05
000382 Applesauce,w/cinnamon	1/2 Cup	240	0.00	11	12	0.00	*0.00	16.83
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	30	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	30	0.00	198	*7	2.11	*0.00	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	140	0.00	94	2	1.18	0.00	4.72
001047 Assorted Condiments	each	685	0.00	97	6	0.25	0.00	7.10

# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001083 Ketchup	TBSP	650	0.00	50	4	0.00	0.00	4.03
Weighted Daily Average			2.44	1436	*46	14.57	*0.00	114.36
% of Calories			2.90%		*24.3%	17.3%	*0.0%	60.5%
Weekly Nutrient Guideline			<10	1360		<=0		

**Friday - 08/31/2018**

**Reimbursable Meal Total 805**

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
001641 Rotini w/ Meat Sauce-JTM	7.44oz	255	6.00	610	8	16.00	1.00	24.00
000752 Bosco Breadsticks-Elem*	Serving-2 ea	455	5.06	444	2	10.09	0.00	34.00
000935 Salad Entree-MS (winter)	Each	45	2.04	304	28	9.79	0.00	52.73
001550 Peanut Butter Combo #2-MS	Each	50	6.46	875	38	34.96	0.00	84.39
001554 Salad Garden - Elem	Serving-1 cup	275	0.00	11	1	0.02	0.00	2.65
990071 GREEN BEANS W HAM	1/2 cup	1	0.31	1020	*0	0.68	0.00	19.20
001065 Asst. Fresh Vegetables(1/2)	1/2 c	190	0.08	73	*1	0.33	*0.00	5.83
000688 Assorted Fresh Fruit (pears)	1 each	435	0.04	0	7	0.15	0.00	11.55
000106 Strawberry Cup (USDA*)	Serving	275	0.01	4	*N/A*	0.17	0.00	32.94
001572 Bread, Garlic, WG (1grain)	Each	255	1.00	150	0	3.50	0.00	11.00
001645 Sauce, Pizza w/ Basil Red Gold	2oz	385	0.00	180	*N/A*	0.00	0.00	6.00



# Base Menu Spreadsheet

## Portion Values

Aug 6, 2018 thru Aug 31, 2018

	Portion Size	Reimb Qty	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	0.00	180	18	0.00	0.00	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	0.00	120	22	0.00	0.00	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	1.50	120	11	2.50	0.00	11.00
001358 Salad Meat-MS-winter	Pick 2	45	3.08	358	1	7.50	*0.00	1.60
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	45	0.00	198	*7	2.11	*0.00	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	200	0.00	94	2	1.18	0.00	4.72
Weighted Daily Average			5.98	887	*31	15.93	*0.32	82.04
% of Calories			9.33%		*21.5%	24.8%	*0.5%	56.9%
Weekly Nutrient Guideline			<10	1360		<=0		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**