

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

Menu Name: Middle School Lunch
Site: All Sites

Include Cost: No
Report Style: Detailed

Thursday - 03/01/2018

Reimbursable Meal Total 790

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001057 Ham & Cheese Sandwich,Grilled	1 sandwich	445	212	3.32	557	*3	27.14
000103 PB & J Uncrustable,#6960 1/1	Each	345	267	2.92	267	11	26.67
001087 Potatoes,Twister Fries,Skin On	1/2 cup	790	196	4.29	393	*N/A*	24.55
000935 Salad Entree-MS (winter)	Each	30	331	2.04	304	*4	52.73
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	60	0.23	231	*N/A*	10.15
001646 Crackers, Goldfish Colors, WG	PKG	700	100	0.50	170	0	14.00
001065 Asst. Fresh Vegetables(1/2)	1/2 c	100	30	0.08	73	*0	5.83
001041 Strawberries & Bananas	1/2 Cup	430	94	0.02	3	*20	25.17
000385 Assorted Fresh Fruit (2)	1 each	55	67	0.06	1	12	17.37
000338 Assorted Juice	1 each	620	60	0.00	4	13	14.05
000833 MILK - CHOCOLATE SKIM	HALF PINT	585	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	85	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	100	1.50	120	11	11.00
001150 Dressing, Buttermilk, Red-Cal	TBSP	85	33	0.00	94	2	4.72

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001358 Salad Meat-MS-winter	Pick 2	30	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	30	72	0.00	198	*7	11.74
001047 Assorted Condiments	each	300	37	0.00	97	6	7.10
Weighted Daily Average			773	8.27	1235	*48	114.97
% of Calories				9.63%		*24.8%	59.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Friday - 03/02/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000860 Nachos with Ground Beef 2012-H	EACH	745	494	8.35	876	*2	46.75
000935 Salad Entree-MS (winter)	Each	20	331	2.04	304	*4	52.73
001550 Peanut Butter Combo #2-MS	Each	45	720	6.46	875	38	84.39
000008 REFRIED BEANS: canned	1/2 Cup	170	128	1.53	542	1	16.90
000271 CORN: frozen, yellow	1/2 cup	530	73	0.70	14	2	14.41
001065 Asst. Fresh Vegetables(1/2)	1/2 c	75	30	0.08	73	*0	5.83
000419 FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	75	78	0.01	8	19	20.39
000688 Assorted Fresh Fruit (pears)	1 each	100	45	0.04	0	7	11.55
000338 Assorted Juice	1 each	625	60	0.00	4	13	14.05

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	130	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	100	1.50	120	11	11.00
001150 Dressing, Buttermilk, Red-Cal	TBSP	40	33	0.00	94	2	4.72
001358 Salad Meat-MS-winter	Pick 2	20	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	20	72	0.00	198	*7	11.74
001198 PEPPERS,JALEPENO,CN D,DRND	serving	400	3	0.01	105	*N/A*	0.53
Weighted Daily Average			754	9.13	1227	*36	96.26
% of Calories				10.90%		*19.1%	51.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Monday - 03/05/2018

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001569 Chicken Tender (2M/1G) Tyson-E	Serving of 3	700	264	2.54	396	1	16.23
000852 BBQ Rib Sandwich-MS*	1 Each	100	321	4.50	864	*9	32.12
000935 Salad Entree-MS (winter)	Each	15	331	2.04	304	*4	52.73
001177 POTATO, AU GRATIN,CLASSIC CASS	1/2 cup	790	120	1.63	527	*0	18.80
000256 BROCCOLI,raw: fresh	1/2 Cup	60	15	0.02	15	1	2.92

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Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000643 Tomatoes, Grape	1/2 cup	25	13	0.00	0	2	2.67
000338 Assorted Juice	1 each	655	60	0.00	4	13	14.05
000599 Fruit Salad (BB, Straw)	1/2 Cup	170	128	3.53	1	14	25.04
001430 Cookie, Frosted Sugar	Each	775	172	1.80	78	15	26.90
000833 MILK - CHOCOLATE SKIM	HALF PINT	560	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	140	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	100	100	1.50	120	11	11.00
001120 Barbecue Sauce	1 oz	420	1	0.00	8	0	0.25
001083 Ketchup	TBSP	635	20	0.00	50	4	4.03
001150 Dressing, Buttermilk, Red-Cal	TBSP	65	33	0.00	94	2	4.72
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	72	0.00	198	*7	11.74
001358 Salad Meat-MS-winter	Pick 2	15	124	2.79	406	0	1.61
Weighted Daily Average			750	6.95	1247	*50	100.98
% of Calories				8.34%		*26.7%	53.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Tuesday - 03/06/2018

Reimbursable Meal Total 815

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Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000681 Country Fried Steak (16530)	Serving	170	300	4.50	310	2	19.00
000587 Chicken Drumstick*	Drumstick	620	190	2.50	450	0	5.00
000935 Salad Entree-MS (winter)	Each	25	331	2.04	304	*4	52.73
000611 Mashed Potatoes	1/2 cup	800	80	0.00	369	1	17.12
001208 Gravy, Chix Trio	1 oz	505	19	0.00	134	*0	3.89
990071 GREEN BEANS W HAM	1/2 cup	300	37	0.11	607	*0	7.51
001356 Asst. Fresh Vegetables (1/4)	1/4 Cup	185	46	0.45	143	*1	5.04
001643 APPLES, FRESH, SLICED, UNPEELE	1/2C	450	29	0.02	1	0	7.83
001373 Pears w/ Cherries	1/2 cup	265	81	0.00	5	*1	20.44
001552 Breadstick, 1oz Aunt Millie's	Each	710	81	0.00	102	2	14.25
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	60	0.23	231	*N/A*	10.15
000833 MILK - CHOCOLATE SKIM	HALF PINT	560	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	130	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	85	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	72	0.00	198	*7	11.74
Weighted Daily Average			557	3.31	1386	*21	74.89
% of Calories				5.35%		*15.1%	53.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Wednesday - 03/07/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001639 Pizza, Pepperoni, Wild Mike's	Slice (1/10th)	450	370	9.00	580	4	33.00
000588 Lasagna (trayline)	1/24th	335	427	7.13	408	8	40.71
000935 Salad Entree-MS (winter)	Each	25	331	2.04	304	*4	52.73
001572 Bread, Garlic, WG (1grain)	Each	365	80	1.00	150	0	11.00
000825 Caesar Salad	2/3 C Serving	150	108	1.67	231	*1	6.77
001480 CUCUMBER,RAW (1/2C)	1/2 Cup	110	13	0.03	2	1	3.14
990075 Popsicle, Red, White, Blue	EACH	750	40	0.00	5	7	10.00
000437 PEACHES: canned,light syrup	1/2 cup	235	71	0.00	7	17	19.01
000385 Assorted Fresh Fruit (2)	1 each	345	67	0.06	1	12	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	570	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	120	120	0.00	120	22	22.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	72	0.00	198	*7	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	110	33	0.00	94	2	4.72
Weighted Daily Average			653	9.05	807	*40	85.22
% of Calories				12.47%		*24.5%	52.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Thursday - 03/08/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001570 Chicken Pattie, Bkft WG Goldki	2 Each	680	160	2.00	390	0	8.00
001571 Waffles, Mini Maple,IW EGGO, W	Pkg	680	200	1.50	220	10	35.00
001077 Hot Dog on Bun	SANDWICH	110	283	5.00	776	*N/A*	21.00
000935 Salad Entree-MS (winter)	Each	25	331	2.04	304	*4	52.73
001219 Potatoes, Crispy Cubes	1/2 cup	790	134	2.05	277	1	18.49
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	60	0.23	231	*N/A*	10.15
001596 Carrot/Celery Sticks (1/2c)	Portion (1/2C)	115	30	0.05	112	*2	6.33
000419 FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	90	78	0.01	8	19	20.39

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000338 Assorted Juice	1 each	560	60	0.00	4	13	14.05
000385 Assorted Fresh Fruit (2)	1 each	125	67	0.06	1	12	17.37
001006 SYRUP,PANCAKE	1oz.	600	66	0.00	23	6	17.43
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	100	100	1.50	120	11	11.00
001082 Ketchup/Mustard	each	790	26	0.00	79	5	5.09
000985 Barbecue Sauce- Elem*	TBSP	425	1	0.00	8	0	0.25
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	72	0.00	198	*7	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	95	33	0.00	94	2	4.72
Weighted Daily Average			736	5.94	1203	*50	111.61
% of Calories				7.26%		*27.2%	60.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Friday - 03/09/2018

Reimbursable Meal Total 805

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001220 Corn Dog, WG 4oz (2/2)	Each	245	243	2.53	395	5	30.37

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Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001296 Spicy Chicken Sandwich-HS, 2*	Sandwich	525	356	4.00	724	4	42.00
000935 Salad Entree-MS (winter)	Each	25	331	2.04	304	*4	52.73
001550 Peanut Butter Combo #2-MS	Each	10	720	6.46	875	38	84.39
001161 Potato Wedges Seas. #C-27 LW	1/2 C	805	167	3.21	270	0	23.13
001648 Peas, Sugar Snap-HS	1/2 C	95	13	0.01	1	1	2.38
001371 Strawberries & Blueberries	1/2 Cup	335	65	0.02	5	*0	16.79
000385 Assorted Fresh Fruit (2)	1 each	510	67	0.06	1	12	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	125	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	72	0.00	198	*7	11.74
001047 Assorted Condiments	each	780	37	0.00	97	6	7.10
001083 Ketchup	TBSP	780	20	0.00	50	4	4.03
Weighted Daily Average			733	7.04	1207	*40	110.68
% of Calories				8.64%		*21.8%	60.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Monday - 03/12/2018

Reimbursable Meal Total 820

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000885 Pepper Jack Cheeseburger-HS	Each	440	343	7.13	730	4	28.89
001453 Chicken Bacon Club-MS	1 Sandwich	350	312	0.90	710	4	26.89
000935 Salad Entree-MS (winter)	Each	30	331	2.04	304	*4	52.73
001512 Tater Tots	1/2 CUP	785	134	0.89	321	1	16.95
001249 California Vegetable Blend	1/2 cup	75	42	0.81	54	2	5.58
000034 LETTUCE & TOMATO:1/4 C & 2 slice	1/4 C,2 slc	330	7	0.01	3	*0	1.34
000337 Assorted Fresh Fruit-2014	Servings	150	59	0.05	3	10	15.11
000338 Assorted Juice	1 each	550	60	0.00	4	13	14.05
001163 Applesauce, Rosy	1/2 cup	120	65	0.00	24	12	16.68
000833 MILK - CHOCOLATE SKIM	HALF PINT	540	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001047 Assorted Condiments	each	785	37	0.00	97	6	7.10
001358 Salad Meat-MS-winter	Pick 2	30	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	30	72	0.00	198	*7	11.74

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Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001083 Ketchup	TBSP	785	20	0.00	50	4	4.03
Weighted Daily Average			689	5.49	1341	*44	89.96
% of Calories				7.17%		*25.5%	52.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Tuesday - 03/13/2018

Reimbursable Meal Total 805

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001580 Orange Chicken (Ling's)	Serving (3.6oz)	430	150	0.50	280	10	19.00
000198 RICE,Whole Grain	1/2 cup	500	105	0.04	126	*0	22.08
001095 Tenderloin on Bun*16	each	340	400	4.50	520	4	37.00
000935 Salad Entree-MS (winter)	Each	35	331	2.04	304	*4	52.73
001086 Broccoli w/ Cheese	#8 Scoop	300	48	0.02	162	*2	9.33
001442 Cucumber & Tomatoes	1/2 Cup	85	82	0.03	192	7	13.00
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	60	0.23	231	*N/A*	10.15
000338 Assorted Juice	1 each	600	60	0.00	4	13	14.05
000385 Assorted Fresh Fruit (2)	1 each	250	67	0.06	1	12	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	45	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	45	72	0.00	198	*7	11.74
000953 Dressing, Buttermilk, Red-Cal	2 TBLS	105	66	0.00	189	5	9.45
001082 Ketchup/Mustard	each	430	26	0.00	79	5	5.09
Weighted Daily Average			564	2.64	810	*43	86.34
% of Calories				4.21%		*30.5%	61.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Wednesday - 03/14/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001428 Cheese Pizza Big Daddy's, wg #	Slice	295	400	7.00	440	7	43.00
001404 Pizza 5" Lunch aRound Pepp 2M/	Each	482	330	6.00	540	9	38.00
000935 Salad Entree-MS (winter)	Each	38	331	2.04	304	*4	52.73
990071 GREEN BEANS W HAM	1/2 cup	170	37	0.11	607	*0	7.51
000905 Salad Garden Winter	Serving-1 cup	325	13	0.00	11	1	2.65
001386 BROCCOLI,raw: fresh	1/2 Cup	65	15	0.02	15	1	2.92
001051 Blushed Pears	1/2c	190	92	0.00	15	*2	22.99

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000337 Assorted Fresh Fruit-2014	Servings	545	59	0.05	3	10	15.11
000354 Rice Krispie Treat, Mini	Each	765	46	0.00	41	3	8.29
000833 MILK - CHOCOLATE SKIM	HALF PINT	545	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
000953 Dressing, Buttermilk, Red-Cal	2 TBLS	315	66	0.00	189	5	9.45
001358 Salad Meat-MS-winter	Pick 2	38	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	38	72	0.00	198	*7	11.74
Weighted Daily Average			613	6.53	924	*38	89.11
% of Calories				9.59%		*24.8%	58.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Thursday - 03/15/2018

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000877 Beef Soft Tacos-HS (W/G)	SERVING	540	372	8.10	650	4	35.61
000502 Quesadilla, Chicken*	Serving -2 each	270	259	5.91	643	2	20.70
000935 Salad Entree-MS (winter)	Each	15	331	2.04	304	*4	52.73
000946 SPANISH RICE	1/3 CUP	410	74	0.20	129	*0	14.22

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000008 REFRIED BEANS: canned	1/2 Cup	145	128	1.53	542	1	16.90
000583 LETTUCE & TOMATO	1/4 c each	210	11	0.02	4	*0	2.29
001043 Salsa	1/4 Cup	300	40	0.00	280	4	8.00
000988 Sour Cream, lmt. (.5oz)	1/2 oz	255	28	0.94	33	2	2.84
000437 PEACHES: canned, light syrup	1/2 cup	250	71	0.00	7	17	19.01
000152 Assorted Fresh Fruit (3)	1 each	360	27	0.02	5	5	6.56
000833 MILK - CHOCOLATE SKIM	HALF PINT	555	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK, LOWFAT, FLUID, 1% MILKFAT, W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	15	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	72	0.00	198	*7	11.74
Weighted Daily Average			561	8.16	1083	*31	72.57
% of Calories				13.09%		*22.1%	51.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Friday - 03/16/2018

Reimbursable Meal Total 820

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000434 Calzone, Pepperoni	Each	745	340	5.00	510	5	35.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000947 Fish Filet-(2.5M/2.5G)*	Each	60	398	3.27	617	3	41.01
000935 Salad Entree-MS (winter)	Each	15	331	2.04	304	*4	52.73
000995 Potatoes,Triangles-elem*	Serving of 2	790	270	1.00	500	0	31.00
000335 Coleslaw	1/2 cup	65	160	0.00	320	15	17.00
001053 CARROTS:frozen, boiled	1/2 cup	85	106	1.76	101	*13	17.09
001065 Asst. Fresh Vegetables(1/2)	1/2 c	115	30	0.08	73	*0	5.83
000385 Assorted Fresh Fruit (2)	1 each	345	67	0.06	1	12	17.37
001214 Tropical Fruit Salad	1/2 cup	195	73	0.01	8	*N/A*	19.08
001387 Cookie, M&M, WG, LF#4912, 1/4G	Cookie	800	100	1.00	80	8	17.00
000833 MILK - CHOCOLATE SKIM	HALF PINT	555	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	15	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	72	0.00	198	*7	11.74
001083 Ketchup	TBSP	790	20	0.00	50	4	4.03
Weighted Daily Average			903	7.20	1336	*41	120.48
% of Calories				7.18%		*18.2%	53.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

Monday - 03/19/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000177 Pancakes, Mini Maple, IW	Pkg	375	230	1.00	270	14	40.00
001282 Sausage Patty-MS	1 Serving of 2	375	242	7.40	344	0	2.00
001296 Spicy Chicken Sandwich-HS, 2*	Sandwich	415	356	4.00	724	4	42.00
000935 Salad Entree-MS (winter)	Each	25	331	2.04	304	*4	52.73
000319 Potato, Smiles	Serving of 4	785	130	0.50	180	0	20.00
001648 Peas, Sugar Snap-HS	1/2 C	90	13	0.01	1	1	2.38
000959 Assorted Canned Fruit	1/2 Cup	155	66	0.01	5	*9	17.31
000337 Assorted Fresh Fruit-2014	Servings	480	59	0.05	3	10	15.11
000833 MILK - CHOCOLATE SKIM	HALF PINT	550	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001083 Ketchup	TBSP	785	20	0.00	50	4	4.03
001082 Ketchup/Mustard	each	325	26	0.00	79	5	5.09
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	72	0.00	198	*7	11.74

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001150 Dressing, Buttermilk, Red-Cal	TBSP	70	33	0.00	94	2	4.72
Weighted Daily Average			726	6.73	1098	*40	99.13
% of Calories				8.34%		*22.0%	54.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Tuesday - 03/20/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000352 Chicken and Noodles-Second	8oz Spoodle	775	248	1.99	277	*1	21.20
000935 Salad Entree-MS (winter)	Each	35	331	2.04	304	*4	52.73
000611 Mashed Potatoes	1/2 cup	775	80	0.00	369	1	17.12
990022 PEAS GREEN,FROZEN,BOILED *RESIZED*	1/3 cup	110	52	0.59	50	*0	7.47
000996 Roll, Wheat Dinner-14 (Rich's)	1 each	740	160	0.50	220	4	24.00
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	60	0.23	231	*N/A*	10.15
000599 Fruit Salad (BB, Straw)	1/2 Cup	440	128	3.53	1	14	25.04
000385 Assorted Fresh Fruit (2)	1 each	355	67	0.06	1	12	17.37
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000690 Salad Meat-MS	EACH	35	103	0.43	523	0	2.22
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	35	72	0.00	198	*7	11.74
Weighted Daily Average			697	4.66	1035	*35	102.72
% of Calories				6.02%		*20.1%	58.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Wednesday - 03/21/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001563 Pizza, Big Daddy Buffal #78639	Slice (1/8th)	445	260	4.50	510	5	24.00
001428 Cheese Pizza Big Daddy's, wg #	Slice	330	400	7.00	440	7	43.00
000935 Salad Entree-MS (winter)	Each	35	331	2.04	304	*4	52.73
990071 GREEN BEANS W HAM	1/2 cup	210	37	0.11	607	*0	7.51
001064 CARROT STICKS	1/2 CUP	165	36	0.03	61	4	8.42
000337 Assorted Fresh Fruit-2014	Servings	230	59	0.05	3	10	15.11
000338 Assorted Juice	1 each	580	60	0.00	4	13	14.05
990018 Pudding, Choc, Milk, Cnd RTU *RESIZED*	1/3 cup	560	100	0.67	87	*N/A*	18.68
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	35	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	35	72	0.00	198	*7	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	165	33	0.00	94	2	4.72
Weighted Daily Average			589	6.21	910	*37	84.29
% of Calories				9.49%		*25.1%	57.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Thursday - 03/22/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001325 Chicken Fillet Sandwich, WG *	Sandwich	685	356	1.00	766	4	42.00
000536 Pork BBQ	Sandwich (4oz)	100	299	2.21	736	12	34.68
000935 Salad Entree-MS (winter)	Each	30	331	2.04	304	*4	52.73
001301 Potatoes, Baby Bakers	1/2 Cup	770	100	0.00	180	0	17.00
001559 BROCCHEESE & RICE CASSEROLE	SERVINGS	420	152	1.88	361	*3	22.38
000394 Vegetable Sticks	1/2 Cup	140	24	0.02	42	*1	5.49
000837 BEANS GARBANZO ,CANNED	1/4 CUP	20	60	0.23	231	*N/A*	10.15
000338 Assorted Juice	1 each	575	60	0.00	4	13	14.05

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000382 Applesauce,w/cinnamon	1/2 Cup	240	65	0.00	11	12	16.83
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	30	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	30	72	0.00	198	*7	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	140	33	0.00	94	2	4.72
001047 Assorted Condiments	each	685	37	0.00	97	6	7.10
001083 Ketchup	TBSP	650	20	0.00	50	4	4.03
Weighted Daily Average			755	2.43	1439	*46	114.36
% of Calories				2.90%		*24.4%	60.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Friday - 03/23/2018

Reimbursable Meal Total 805

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001641 Rotini w/ Meat Sauce-JTM	7.44oz	255	310	6.00	610	8	24.00
000752 Bosco Breadsticks-Elem*	Serving-2 ea	455	301	5.06	444	2	34.00
000935 Salad Entree-MS (winter)	Each	45	331	2.04	304	*4	52.73

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001550 Peanut Butter Combo #2-MS	Each	50	720	6.46	875	38	84.39
001554 Salad Garden - Elem	Serving-1 cup	275	13	0.00	11	1	2.65
001065 Asst. Fresh Vegetables(1/2)	1/2 c	190	30	0.08	73	*0	5.83
000385 Assorted Fresh Fruit (2)	1 each	345	67	0.06	1	12	17.37
000106 Strawberry Cup (USDA*)	Serving	275	122	0.01	4	*N/A*	32.94
001572 Bread, Garlic, WG (1grain)	Each	255	80	1.00	150	0	11.00
001645 Sauce, Pizza w/ Basil Red Gold	2oz	385	30	0.00	180	*N/A*	6.00
000601 Ice Cream Sundae	1 each	805	112	0.61	78	16	22.13
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	90	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	45	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	45	72	0.00	198	*7	11.74
001150 Dressing, Buttermilk, Red-Cal	TBSP	200	33	0.00	94	2	4.72
Weighted Daily Average			693	6.58	967	*47	105.35
% of Calories				8.55%		*27.1%	60.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Monday - 03/26/2018

Reimbursable Meal Total 810

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001077 Hot Dog on Bun	SANDWICH	80	283	5.00	776	*N/A*	21.00
001473 Cheeseburger on Bun- 2gr.Chery	EACH	715	381	6.97	635	4	30.01
000935 Salad Entree-MS (winter)	Each	15	331	2.04	304	*4	52.73
001390 Potatoes, Shoestring Fries LM*	1/2 Cup	775	173	1.52	203	0	27.43
000787 Baked Beans-NEW	1/2 CUP	145	129	0.09	154	*0	29.11
001064 CARROT STICKS	1/2 CUP	110	36	0.03	61	4	8.42
000437 PEACHES: canned,light syrup	1/2 cup	210	71	0.00	7	17	19.01
000337 Assorted Fresh Fruit-2014	Servings	500	59	0.05	3	10	15.11
001082 Ketchup/Mustard	each	515	26	0.00	79	5	5.09
001083 Ketchup	TBSP	725	20	0.00	50	4	4.03
000833 MILK - CHOCOLATE SKIM	HALF PINT	535	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	135	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	80	100	1.50	120	11	11.00
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	15	72	0.00	198	*7	11.74
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61
Weighted Daily Average			760	8.43	1138	*39	101.47
% of Calories				9.98%		*20.5%	53.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Planned Menu Spreadsheet

Portion Values

Tuesday - 03/27/2018

Reimbursable Meal Total 805

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001496 Chicken Smackers, Dark 110458	Serving of 10	675	289	2.99	488	0	16.94
000571 Country Fried Steak Sandwich	Sandwich	105	450	4.50	590	5	48.00
000935 Salad Entree-MS (winter)	Each	25	331	2.04	304	*4	52.73
001487 Macaroni & Cheese (MS)	1/3 Cup	775	127	1.78	315	*2	16.15
000258 BROCCOLI: frozen, boiled	1/2 Cup	225	60	0.02	401	*N/A*	14.51
990019 Peppers, Red & Green Strips	1/2 Cup	95	12	0.02	2	2	2.45
000338 Assorted Juice	1 each	690	60	0.00	4	13	14.05
001531 APPLESAUCE, Cup	1/2 Cup	230	52	0.02	2	0	13.79
000996 Roll, Wheat Dinner-14 (Rich's)	1 each	505	160	0.50	220	4	24.00
000833 MILK - CHOCOLATE SKIM	HALF PINT	665	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	105	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	100	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	25	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	25	72	0.00	198	*7	11.74
990013 Dressing, Buttermilk, Red-Cal *RESIZED*	2 TBSP	80	66	0.00	189	5	9.45

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001083 Ketchup	TBSP	750	20	0.00	50	4	4.03
Weighted Daily Average			769	5.47	1317	*40	98.90
% of Calories				6.40%		*20.8%	51.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Wednesday - 03/28/2018

Reimbursable Meal Total 815

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001052 Pizza, Pepperoni 4x6, #78698	EACH	530	300	5.00	660	*N/A*	35.00
990076 DEEP DISH 5" CHEESE PIZZA LOW SODIUM CN	EACH	245	300	2.50	420	13	38.00
000935 Salad Entree-MS (winter)	Each	40	331	2.04	304	*4	52.73
000439 PEAS & CARROTS: frozen,boiled	1/2 cups	80	62	0.09	111	*N/A*	12.24
000905 Salad Garden Winter	Serving-1 cup	440	13	0.00	11	1	2.65
000888 TOMATOES, CHERRY	1/2 CUP	115	13	0.02	4	*N/A*	2.90
001051 Blushed Pears	1/2c	340	92	0.00	15	*2	22.99
000385 Assorted Fresh Fruit (2)	1 each	465	67	0.06	1	12	17.37
000318 Carnival Cookie, 1/4 Grain	Cookie	775	100	1.00	80	8	17.00
000833 MILK - CHOCOLATE SKIM	HALF PINT	580	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	140	120	0.00	120	22	22.00

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	75	100	1.50	120	11	11.00
001358 Salad Meat-MS-winter	Pick 2	40	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	40	72	0.00	198	*7	11.74
000953 Dressing, Buttermilk, Red-Cal	2 TBLS	440	66	0.00	189	5	9.45
Weighted Daily Average			642	5.38	962	*40	100.26
% of Calories				7.54%		*24.9%	62.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Thursday - 03/29/2018

Reimbursable Meal Total 790

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
001057 Ham & Cheese Sandwich,Grilled	1 sandwich	445	212	3.32	557	*3	27.14
000103 PB & J Uncrustable,#6960 1/1	Each	345	267	2.92	267	11	26.67
001087 Potatoes,Twister Fries,Skin On	1/2 cup	790	196	4.29	393	*N/A*	24.55
000935 Salad Entree-MS (winter)	Each	30	331	2.04	304	*4	52.73
000837 BEANS GARBANZO ,CANNED	1/4 CUP	15	60	0.23	231	*N/A*	10.15
001646 Crackers, Goldfish Colors, WG	PKG	700	100	0.50	170	0	14.00
001065 Asst. Fresh Vegetables(1/2)	1/2 c	100	30	0.08	73	*0	5.83
001041 Strawberries & Bananas	1/2 Cup	430	94	0.02	3	*20	25.17

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000385 Assorted Fresh Fruit (2)	1 each	55	67	0.06	1	12	17.37
000338 Assorted Juice	1 each	620	60	0.00	4	13	14.05
000833 MILK - CHOCOLATE SKIM	HALF PINT	585	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	85	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	100	1.50	120	11	11.00
001150 Dressing, Buttermilk, Red-Cal	TBSP	85	33	0.00	94	2	4.72
001358 Salad Meat-MS-winter	Pick 2	30	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	30	72	0.00	198	*7	11.74
001047 Assorted Condiments	each	300	37	0.00	97	6	7.10
Weighted Daily Average			773	8.27	1235	*48	114.97
% of Calories				9.63%		*24.8%	59.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Friday - 03/30/2018

Reimbursable Meal Total 810

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000860 Nachos with Ground Beef 2012-H	EACH	745	494	8.35	876	*2	46.75
000935 Salad Entree-MS (winter)	Each	20	331	2.04	304	*4	52.73
001550 Peanut Butter Combo #2-MS	Each	45	720	6.46	875	38	84.39

Planned Menu Spreadsheet

Portion Values

Mar 1, 2018 thru Mar 30, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	Carb (g)
000008 REFRIED BEANS: canned	1/2 Cup	170	128	1.53	542	1	16.90
000271 CORN: frozen, yellow	1/2 cup	530	73	0.70	14	2	14.41
001065 Asst. Fresh Vegetables(1/2)	1/2 c	75	30	0.08	73	*0	5.83
000419 FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	75	78	0.01	8	19	20.39
000385 Assorted Fresh Fruit (2)	1 each	350	67	0.06	1	12	17.37
000338 Assorted Juice	1 each	625	60	0.00	4	13	14.05
000833 MILK - CHOCOLATE SKIM	HALF PINT	565	110	0.00	180	18	20.00
000834 MILK - STRAWBERRY SKIM	HALF PINT	130	120	0.00	120	22	22.00
000835 MILK,LOWFAT,FLUID,1% MILKFAT,W	CARTON	95	100	1.50	120	11	11.00
001150 Dressing, Buttermilk, Red-Cal	TBSP	40	33	0.00	94	2	4.72
001358 Salad Meat-MS-winter	Pick 2	20	124	2.79	406	0	1.61
000884 DRESSING, SALAD, ASSORTED-LINE	2 oz	20	72	0.00	198	*7	11.74
001198 PEPPERS,JALEPENO,CN D,DRND	serving	400	3	0.01	105	*N/A*	0.53
Weighted Daily Average			778	9.15	1227	*40	102.34
% of Calories				10.58%		*20.6%	52.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		

Planned Menu Spreadsheet

Logansport School Corporation

Portion Values

Mar 1, 2018 thru Mar 30, 2018

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*